

# BULLIS CHARTER SCHOOL

## AUGUST 2024

### Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>29</b> No meal service	<b>30</b> No meal service	<b>31</b> No meal service	<b>1</b> No meal service	<b>2</b> No meal service
<b>5</b> No meal service	<b>6</b> No meal service	<b>7</b> No meal service	<b>8</b> No meal service	<b>9</b> No meal service
<b>12</b> No meal service	<b>13</b> No meal service	<b>14</b> - Sweet & Sour Chicken Bowl - Mr. Mike's Bbq Chicken Sandwich - Cheese Quesadilla - Farmer's Market Chicken Salad W/ Dinner Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>15</b> - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Bean & Cheese Burrito - Hummus Rainbow Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	<b>16</b> - Pepperoni Pizza - Cheese Pizza - Bbq Chicken W/ Rice Pilaf - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit
<b>19</b> - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Bacon Ranch Wrap - Bagel Kit	<b>20</b> - Chicken Corn Dog - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/ Pita Triangles - Bagel Kit	<b>21</b> - Beef Burrito - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad - Bagel Kit	<b>22</b> - Breaded Chicken Sandwich - Kapama W/ Olive Oil & Parmesan Pasta - Mac & Cheese - Farmer's Market Egg Salad W/ Dinner Roll - Turkey & Cheese Hoagie - Bagel Kit	<b>23</b> - Pepperoni Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Dinner Roll - Italian Deli Sub - Bagel Kit
<b>26</b> - Cheeseburger - Bbq Chicken Pasta - Broccoli Cheddar Potato Bowl - Turkey & Cheese Sandwich - Chicken Pesto Wrap - Bagel Kit	<b>27</b> - Beef Hot Dog - Greek Chicken W/ Rice Pilaf - Bean & Cheese Burrito - Sunbutter & Jelly Sandwich - Smoked Chicken Wrap - Bagel Kit	<b>28</b> - Chicken Calzone - Carribean Jerk Chicken W/ Rice - Pasta Primavera - Chicken Bacon Ranch Salad W/ Dinner Roll - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>29</b> - Pesto Chicken Sandwich - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap - Bagel Kit	<b>30</b> - Pepperoni Pizza - Cheese Pizza - Chicken Fajita Bowl - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit

#### Drinks

1% Milk, Nonfat Milk, Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



VEGETARIAN



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGAN

PLACE YOUR ORDER NOW!



(650) 596-8008



lunchmaster@thelunchmaster.com



www.thelunchmaster.com

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## AUGUST 2024

### Breakfast Menu



Monday		Tuesday		Wednesday		Thursday		Friday	
29	No meal service	30	No meal service	31	No meal service	1	No meal service	2	No meal service
5	No meal service	6	No meal service	7	No meal service	8	No meal service	9	No meal service
12	No meal service	13	No meal service	14	- Concha - Breakfast Cereal	15	- Breakfast Muffins - Breakfast Cereal	16	- Sbj Sandwich - Breakfast Cereal
19	- Breakfast Scones - Breakfast Cereal	20	- Bagel W/ Cream Cheese - Breakfast Cereal	21	- Breakfast Muffins - Breakfast Cereal	22	- Cinnamon Swirl - Breakfast Cereal	23	- Cornbread Muffin - Breakfast Cereal
26	- Sbj Sandwich - Breakfast Cereal	27	- Cinnamon Crumble - Breakfast Cereal	28	- Concha - Breakfast Cereal	29	- Apple Cinnamon Frudel - Breakfast Cereal	30	- Breakfast Scones - Breakfast Cereal

#### Drinks

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ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



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# BULLIS CHARTER SCHOOL

## AUGUST 2024

### Vegan / Gluten Free Menu



Monday		Tuesday		Wednesday		Thursday		Friday	
29	No meal service	30	No meal service	31	No meal service	1	No meal service	2	No meal service
5	No meal service	6	No meal service	7	No meal service	8	No meal service	9	No meal service
12	No meal service	13	No meal service	14	- Vegan Bean Burrito Bowl	15	- Myo Vegan Tacos	16	- Vegan Chickpea Tikka Masala
19	- Vegan Pinto Pozole W/ Tortilla Chips	20	- Vegan Spanish Beans W/ Rice	21	- Vegan 3 Bean Chili W/ Tortilla Chips	22	- Vegan Fried Rice	23	- Vegan Bean Burrito Bowl
26	- Vegan Chickpea Tikka Masala	27	- Vegan Pinto Pozole W/ Tortilla Chips	28	- Vegan Spanish Beans W/ Rice	29	- Vegan 3 Bean Chili W/ Tortilla Chips	30	- Vegan Fried Rice

#### Drinks

1% Milk, Nonfat Milk, Nonfat Milk, 1% Milk

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# BULLIS CHARTER SCHOOL

## AUGUST 2024

## Dietary Info

### Lunch



Date	Menu Item	Allergens
<b>Wednesday 14</b>	Sweet & Sour Chicken Bowl	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Cheese Quesadilla	Wheat, Milk
	Farmer's Market Chicken Salad W/ Dinner Roll	Wheat, Soy, Egg, Milk, Chicken
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
	Bagel Kit	Wheat, Milk
<b>Thursday 15</b>	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	Wheat, Soy, Egg, Milk, Beef, Tomato
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Hummus Rainbow Wrap	Veg Wheat
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
	Bagel Kit	Wheat, Milk
<b>Friday 16</b>	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken W/ Rice Pilaf	Chicken, Tomato
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Wheat, Milk
<b>Monday 19</b>	Hamburger	Beef, Wheat, Soy
	Pasta W/ Olive Oil & Parmesan	Wheat, Milk
	Curry Fried Rice	Veg Wheat, Soy, Egg, Sesame
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Bagel Kit	Wheat, Milk
<b>Tuesday 20</b>	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Chicken Parmesan W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Milk, Tomato, Chicken
	Veggie Chow Mein	Wheat, Soy, Egg, Sesame
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Athenian Chicken Salad W/ Pita Triangles	Milk, Chicken, Wheat, Tomato, Pork
	Bagel Kit	Wheat, Milk
<b>Wednesday 21</b>	Beef Burrito	Milk, Wheat, Beef, Soy
	Chicken Chow Mein	Wheat, Soy, Egg, Chicken, Sesame
	Pasta W/ Marinara & Mozzarella	Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Wheat, Milk, Tomato
	Bagel Kit	Wheat, Milk
<b>Thursday 22</b>	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Kapama W/ Olive Oil & Parmesan Pasta	Chicken, Wheat, Milk, Tomato
	Mac & Cheese	Wheat, Milk
	Farmer's Market Egg Salad W/ Dinner Roll	Wheat, Egg, Soy, Milk
	Turkey & Cheese Hoagie	Wheat, Milk, Turkey
	Bagel Kit	Wheat, Milk

# BULLIS CHARTER SCHOOL

## AUGUST 2024

## Dietary Info Lunch



Date	Menu Item	Allergens
<b>Friday 23</b>	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Louisiana Jambalaya	Beef, Tomato, Turkey
	Chicken Caesar Salad W/ Dinner Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Italian Deli Sub	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Wheat, Milk
<b>Monday 26</b>	Cheeseburger	Beef, Milk, Wheat, Soy
	Bbq Chicken Pasta	Chicken, Wheat, Milk, Tomato
	Broccoli Cheddar Potato Bowl	Wheat, Milk, Soy, Egg
	Turkey & Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Chicken Pesto Wrap	Chicken, Wheat, Milk, Soy
	Bagel Kit	Wheat, Milk
<b>Tuesday 27</b>	Beef Hot Dog	Wheat, Beef, Soy
	Greek Chicken W/ Rice Pilaf	Chicken
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Smoked Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit	Wheat, Milk
<b>Wednesday 28</b>	Chicken Calzone	Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato, Sesame
	Caribbean Jerk Chicken W/ Rice	Chicken, Tomato, Soy
	Pasta Primavera	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Dinner Roll	Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
	Bagel Kit	Wheat, Milk
<b>Thursday 29</b>	Pesto Chicken Sandwich	Chicken, Milk, Wheat, Soy
	Chicken Nuggets W/ Rice Pilaf	Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W/ Marinara Sauce	Egg, Milk, Wheat, Tomato
	Tuna Sandwich	Wheat, Egg, Fish, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Wheat, Milk
<b>Friday 30</b>	Pepperoni Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Chicken Fajita Bowl	Chicken
	Asian Chicken Wrap	Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad	Chicken, Milk, Tomato, Soy, Egg
	Bagel Kit	Wheat, Milk

# BULLIS CHARTER SCHOOL

## AUGUST 2024

### Dietary Info Breakfast



Date	Menu Item	Allergens
<b>Wednesday 14</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 15</b>	Breakfast Muffins	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 16</b>	Sbj Sandwich	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Monday 19</b>	Breakfast Scones	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 20</b>	Bagel W/ Cream Cheese	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 21</b>	Breakfast Muffins	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 22</b>	Cinnamon Swirl	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 23</b>	Cornbread Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Monday 26</b>	Sbj Sandwich	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 27</b>	Cinnamon Crumble	Pork, Milk, Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 28</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 29</b>	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 30</b>	Breakfast Scones	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

# BULLIS CHARTER SCHOOL

## AUGUST 2024

### Dietary Info

## Vegan / Gluten Free



Date	Menu Item	Allergens
Wednesday 14	Vegan Bean Burrito Bowl	V Tomato, Soy
Thursday 15	Myo Vegan Tacos	V Soy
Friday 16	Vegan Chickpea Tikka Masala	V Tomato, Soy
Monday 19	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato, Soy
Tuesday 20	Vegan Spanish Beans W/ Rice	Tomato, Soy
Wednesday 21	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato, Soy
Thursday 22	Vegan Fried Rice	V Soy, Sesame
Friday 23	Vegan Bean Burrito Bowl	V Tomato, Soy
Monday 26	Vegan Chickpea Tikka Masala	V Tomato, Soy
Tuesday 27	Vegan Pinto Pozole W/ Tortilla Chips	V Tomato, Soy
Wednesday 28	Vegan Spanish Beans W/ Rice	Tomato, Soy
Thursday 29	Vegan 3 Bean Chili W/ Tortilla Chips	V Tomato, Soy
Friday 30	Vegan Fried Rice	V Soy, Sesame