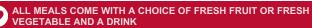
BULLIS CHARTER SCHOOL

MARCH 2024

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
26 - Cheeseburger - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	 27 - Spaghetti W/ Beef Meatsauce - Chicken Enchiladas - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap - Bagel Kit 	28 - Sweet And Sour Chicken - Mr. Mike's Bbq Chicken Sandwich - Veggie Fried Rice - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ Muffin - Bagel Kit	29 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Cheese Quesadilla - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	1 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit
4 - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	 5 - Chicken Corn Dog - Pasta X Plosion! - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/Pita - Bagel Kit 	 6 - Beef Burrito - Chicken Chow Mein - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad - Bagel Kit 	 7 - Breaded Chicken Sandwich - Chicken Tortilla Soup W/ Tortilla Chips - Bean & Cheese Burrito - Farmer's Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie - Bagel Kit 	 8 - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll - Italian Deli Hoagie - Bagel Kit
 11 - Cheeseburger - Bbq Chicken Pasta - Broccoli Cheddar Potato Bowl W/ Roll - Turkey & Cheese Sandwich - Chicken Pesto Wrap - Bagel Kit 	12 - Beef Hot Dog - Greek Chicken W/ Rice Pilaf - Black Bean & Veggie Burrito - Sunbutter & Jelly Sandwich - Turkey & Cheese On Dutch Crunch - Bagel Kit	 13 - Wet Beef Burrito - Chicken Calzone - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap - Bagel Kit 	Sauce - Tuna Sandwich - Chicken Caesar Wrap - Bagel Kit	15 - Meat Lover's Pizza - Cheese Pizza - Chicken Fajita Bowl - Asian Chicken Wrap - Santa Fe Chicken Salad - Bagel Kit
18 No meal service	 19 - Pesto Chicken W/ Pasta - Chicken Corn Dog - Mac And Cheese - Italian Deli Hoagie - Cobb Salad Wrap - Bagel Kit 	 20 - Chicken Parmesan Hoagie - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmer's Market Chicken Salad W/ Roll - Breaded Chicken Wrap - Bagel Kit 	 21 - Breaded Chicken Sandwich - Chicken Enchiladas - Bean & Cheese Burrito - Breaded Chicken Salad - Egg Salad Sandwich - Bagel Kit 	 22 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken Quesadilla - Chicken Caesar Salad W/Roll - Turkey & Cheese Sandwich - Bagel Kit



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN









Monday	Tuesday	Wednesday	Thursday	Friday
25 - Cheeseburger - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	26 - Beef Hot Dog - Spaghetti W/ Beef Meatsauce - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap - Bagel Kit	 27 - Sweet And Sour Chicken - Mr. Mike's Bbq Chicken Sandwich - Cheese Quesadilla - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ 	28 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Mac And Cheese - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	29 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap
	- Bagel Kit	- Yogurt Berry Parfait W/ Muffin - Bagel Kit	Salad W/ Fortilla Chips - Bagel Kit	

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer









VEGAN

PLACE YOUR ORDER NOW!







BULLIS CHARTER SCHOOL

MARCH 2024

Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
26 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	27 - Breakfast Scone - Breakfast Cereal	28 - Concha - Breakfast Cereal	29 - Breakfast Muffin - Breakfast Cereal	 1 - Sunbutter &Jelly Sandwich Brk - Breakfast Cereal
4 - Breakfast Scone- Breakfast Cereal	5 - Bagel W/ Cream Cheese (Brk)- Breakfast Cereal	6 - Breakfast Muffin - Breakfast Cereal	7 - Yogurt W/ Grahams - Breakfast Cereal	8 - String Cheese And Mini Muffin - Breakfast Cereal
11 - Sunbutter &Jelly Sandwich Brk - Breakfast Cereal	12 - Breakfast Muffin - Breakfast Cereal	13 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	14 - Apple Cinnamon Frudel - Breakfast Cereal	15 - Concha - Breakfast Cereal
18 No meal service	19 - String Cheese And Mini Muffin - Breakfast Cereal	20 - Cheesy Cornbread Muffin - Breakfast Cereal	21 - Yogurt W/ Grahams - Breakfast Cereal	22 - Breakfast Muffin - Breakfast Cereal
25 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	26 - Breakfast Scone - Breakfast Cereal	27 - Concha - Breakfast Cereal	28 - Breakfast Muffin - Breakfast Cereal	29 - Sunbutter &Jelly Sandwich Brk - Breakfast Cereal

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS









BULLIS CHARTER SCHOOL

MARCH 2024



Vegan / Gluten Free Menu

Monday	Tuesday	Wednesday	Thursday	Friday
26 - Vegan 3 Bean Chili W/ T.Chips	27 - Vegan Fried Rice	28 - Vegan Bean Burrito Bowl	29 - Vegan Chickpea Tikka Masala	1 - Vegan Pinto Pozole W/T. Chips
4 - Vegan Spanish Beans W/ Rice	5 - Vegan 3 Bean Chili W/ T.Chips	6 - Vegan Fried Rice	7 - Vegan Bean Burrito Bowl	8 - Myo Vegan Tacos
11 - Vegan Chickpea Tikka Masala	12 - Vegan Pinto Pozole W/T. Chips	13 - Vegan Spanish Beans W/ Rice	14 - Vegan 3 Bean Chili W/ T.Chips	15 - Vegan Fried Rice
No meal service	19 - Myo Vegan Tacos	20 - Vegan Chickpea Tikka Masala	21 - Vegan Pinto Pozole W/T. Chips	22 - Vegan Spanish Beans W/ Rice
25 - Vegan 3 Bean Chili W/ T.Chips	26 - Vegan Fried Rice	27 - Vegan Bean Burrito Bowl	28 - Vegan Chickpea Tikka Masala	29 - Vegan Pinto Pozole W/T. Chips

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS











Lunch Menu



Date	Menu Item		Allergens
Monday 26	Cheeseburger		Beef, Milk, Wheat, Soy
•	Beef & Broccoli Bowl		Wheat, Soy, Beef, Sesame
	Pasta X Plosion!		Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich		Wheat, Soy
	Chicken Fajita Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit		Wheat, Milk
Tuesday 27	Spaghetti W/ Beef Meatsauce		Wheat, Egg, Beef, Milk, Tomato, Soy
	Chicken Enchiladas		Soy, Milk, Chicken, Tomato
	Black Bean & Veggie Burrito		Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl		Wheat, Soy, Chicken, Sesame
	Big Kahuna Tuna Wrap		Wheat, Soy, Egg, Milk, Fish
	Bagel Kit		Wheat, Milk
Wednesday 28	Sweet And Sour Chicken		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich		Chicken, Wheat, Soy, Milk, Tomato
	Veggie Fried Rice		Egg, Wheat, Soy
	Summer Corn & Tomato Pasta Salad		Wheat, Milk, Soy, Tomato
	Yogurt Berry Parfait W/ Muffin		Wheat, Egg, Milk, Soy
	Bagel Kit		Wheat, Milk
Thursday 29	Chicken Nuggets W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread		Wheat, Soy, Egg, Milk, Beef, Tomato
	Cheese Quesadilla		Wheat, Milk
	Chicken Bacon Ranch Wrap		Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips		Milk, Soy, Tomato, Egg
	Bagel Kit		Wheat, Milk
Friday 1	Meat Lover's Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza		Wheat, Soy, Milk, Tomato
	Bbq Chicken And Rice		Chicken, Tomato
	Bbq Chicken Wrap		Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad		Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit		Wheat, Milk
Monday 4	Hamburger		Beef, Wheat, Soy
	Pasta W/ Olive Oil & Parmesan		Wheat, Milk
	Curry Fried Rice	Veg	Wheat, Soy, Egg, Sesame
	Sunbutter & Jelly Sandwich	vog	Wheat, Soy
	Chicken Fajita Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit		Wheat, Milk
Tuesday 5	Chicken Corn Dog		Wheat, Soy, Egg, Chicken, Turkey, Sesame
•	Pasta X Plosion!		Wheat, Milk, Tomato
	Veggie Chow Mein		Wheat, Soy, Egg, Sesame
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
	Athenian Chicken Salad W/ Pita		Milk, Chicken, Wheat, Tomato, Pork
	Bagel Kit		Wheat, Milk
	Dagoi Nit		Wilder, Willin



Lunch Menu (cont'd)



		(001114)
Date	Menu Item	Allergens
Wednesday 6	Beef Burrito	Milk, Wheat, Beef, Soy
-	Chicken Chow Mein	Wheat, Soy, Egg, Chicken, Sesame
	Pasta W/ Marinara & Mozzarella	Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Wheat, Milk, Tomato
	Bagel Kit	Wheat, Milk
Thursday 7	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Chicken Tortilla Soup W/ Tortilla Chips	Soy, Tomato, Chicken
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Farmer's Market Egg Salad W/ Roll	Wheat, Egg, Soy, Milk
	Turkey And Cheddar On A Hoagie	Wheat, Milk, Turkey
	Bagel Kit	Wheat, Milk
Friday 8	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Louisiana Jambalaya	Beef, Tomato, Turkey
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Wheat, Milk
Monday 11	Cheeseburger	Beef, Milk, Wheat, Soy
-	Bbq Chicken Pasta	Chicken, Wheat, Milk, Tomato
	Broccoli Cheddar Potato Bowl W/ Roll	Wheat, Milk, Soy, Egg
	Turkey & Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Chicken Pesto Wrap	Chicken, Wheat, Milk, Soy
	Bagel Kit	Wheat, Milk
Tuesday 12	Beef Hot Dog	Wheat, Beef, Soy
	Greek Chicken W/ Rice Pilaf	Chicken
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
	Bagel Kit	Wheat, Milk
Wednesday 13	Wet Beef Burrito	Wheat, Soy, Milk, Beef
		Wheat, Soy, Egg, Milk, Pork, Chicken, Fish, Tomato,
	Chicken Calzone	Sesame
	Pasta Primavera	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Roll	Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
	Smoked Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit	Wheat, Milk
Thursday 14	Pesto Chicken Sandwich	Chicken, Milk, Wheat, Soy
	Chicken Nuggets W/ Rice Pilaf	Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W/ Marinara Sauce	Egg, Milk, Wheat, Tomato
	Tuna Sandwich	Wheat, Egg, Fish, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Wheat, Milk



Lunch Menu (cont'd)



Date	Menu Item	Allergens
Friday 15	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
Triday 13	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Chicken Fajita Bowl	Chicken
	Asian Chicken Wrap	Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad	Chicken, Milk, Tomato, Soy, Egg
	Bagel Kit	Wheat, Milk
Tuesday 19	Pesto Chicken W/ Pasta	Wheat, Chicken, Milk
ruesuay 13	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Mac And Cheese	Wheat, Milk
	Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey
	Hallari Doll Floagio	Wheat, Chicken, Milk, Pork, Egg, Fish, Shellfish,
	Cobb Salad Wrap	Tomato, Beef
	Bagel Kit	Wheat, Milk
Wednesday 20	Chicken Parmesan Hoagie	Wheat, Soy, Milk, Tomato, Chicken
Wednesday 20	Teriyaki Chicken W/ Rice & Veggies	Wheat, Soy, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	Milk, Soy
	Farmer's Market Chicken Salad W/ Roll	Wheat, Soy, Egg, Milk, Chicken
	Breaded Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit	Wheat, Milk
Thursday 21	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Chicken Enchiladas	Soy, Milk, Chicken, Tomato
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Breaded Chicken Salad	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Egg Salad Sandwich	Egg, Wheat, Soy
	Bagel Kit	Wheat, Milk
Friday 22	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken Quesadilla	Wheat, Milk, Tomato, Chicken, Soy
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Turkey & Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Bagel Kit	Wheat, Milk
Monday 25	Cheeseburger	Beef, Milk, Wheat, Soy
	Beef & Broccoli Bowl	Wheat, Soy, Beef, Sesame
	Pasta X Plosion!	Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Bagel Kit	Wheat, Milk
Tuesday 26	Beef Hot Dog	Wheat, Beef, Soy
	Spaghetti W/ Beef Meatsauce	Wheat, Egg, Beef, Milk, Tomato, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl	Wheat, Soy, Chicken, Sesame
	Big Kahuna Tuna Wrap	Wheat, Soy, Egg, Milk, Fish



Lunch Menu (cont'd)



Date	Menu Item	Allergens
	Bagel Kit	Wheat, Milk
Wednesday 27	Sweet And Sour Chicken	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Cheese Quesadilla	Wheat, Milk
	Summer Corn & Tomato Pasta Salad	Wheat, Milk, Soy, Tomato
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Bagel Kit	Wheat, Milk
Thursday 28	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	Wheat, Soy, Egg, Milk, Beef, Tomato
	Mac And Cheese	Wheat, Milk
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
	Bagel Kit	Wheat, Milk
Friday 29	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken And Rice	Chicken, Tomato
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Wheat, Milk





Breakfast Menu



Monday 26 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 27 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wednesday 28 Conche Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wednesday 29 Breakfast Cereal Wheat, Soy, Milk, Egg, Soy Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 29 Breakfast Muffin Wheat, Soy, Egg, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Friday 1 Sunbutter & Jeilly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Monday 4 Breakfast Coreal Wheat, Soy, Milk, Pork, Beef Monday 5 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 5 Bagel W/ Cream Cheese (Brk) Wheat, Soy, Milk, Pork, Beef Wednesday 6 Breakfast Muffin Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W/ Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W/ Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Friday 8 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Monday 11 Sunbutter & Jeily Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W/ Cream Cheese (Brk) Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Wheat, Soy, Milk, Pork, Beef Thursday 15 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 16 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 19 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 20 Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 21 Cheese Combread Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 21 Cheese Combread Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 21 Cheese Combread Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 21 Cheese Combread Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 21 Cheese Combread Muffin Milk, Wheat, Soy, Milk, Pork, Beef	Date	Menu Item		Allergens
Tuesday 27 Tuesday 27 Tuesday 27 Tuesday 27 Tuesday 28 Tuesday 28 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wednesday 28 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 29 Thursday 29 Triday 1 Sunbutter & Jelly Sandwich Brk Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Friday 1 Sunbutter & Jelly Sandwich Brk Wheat, Soy, Milk, Pork, Beef Tuesday 5 Bagel W. Cream Cheese (Brk) Wheat, Soy, Milk, Pork, Beef Wednesday 6 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W. Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 8 Triday 8 Triday 8 Triday 1 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Tuesday 1 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 1 Sunbutter & Jelly Sandwich Brk Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 15 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 19 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 19 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef	Monday 26	Bagel W/ Cream Cheese (Brk)		
Breakfast Cereal Wednesday 28 Concha Breakfast Cereal Wheat, Milk, Egg, Soy Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 29 Breakfast Muffin Breakfast Cereal Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef Friday 1 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Monday 4 Breakfast Cereal Monday 4 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 5 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W/ Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Friday 8 Breakfast Cereal Monday 11 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Monday 12 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 15 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Por	oaay 20	, ,		·
Breakfast Cereal Wednesday 28 Concha Breakfast Cereal Wheat, Milk, Egg, Soy Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 29 Breakfast Muffin Breakfast Cereal Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef Friday 1 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Monday 4 Breakfast Cereal Monday 4 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 5 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W/ Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Friday 8 Breakfast Cereal Monday 11 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Monday 12 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W/ Cream Cheese (Brk) Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 Sunpoutter & Wheat, Soy, Milk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 15 Concha Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Por	Tuesday 27	Breakfast Scone		Wheat, Soy, Egg. Milk
Breakfast Cereal Thursday 29 Breakfast Muffin Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Friday 1 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 5 Bagel W. Cream Cheese (Brk) Wheat, Soy, Milk, Pork, Beef Wednesday 6 Breakfast Muffin Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 7 Yogurt W. Grahams Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Friday 8 String Cheese And Mini Muffin Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Monday 11 Sunbutter & Jelly Sandwich Brk Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Tuesday 12 Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Tuesday 13 Bagel W. Cream Cheese (Brk) Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 14 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Thursday 14 Apple Cinnamon Frudel Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Thursday 19 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef Tuesday 19 String Cheese And Mini Muffin Milk, Wheat, Soy, Milk, Pork, Beef				
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Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Wednesday 20 Cheesy Cornbread Muffin Breakfast Cereal Wheat, Soy, Egg, Milk Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk, Pork, Beef Wheat, Soy, Milk	Tuesday 19	String Cheese And Mini Muffin		Milk, Wheat, Soy, Egg
Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 21 Yogurt W/ Grahams Wheat, Soy, Milk	•	•		
Breakfast Cereal Wheat, Soy, Milk, Pork, Beef Thursday 21 Yogurt W/ Grahams Wheat, Soy, Milk	Wednesday 20	Cheesy Cornbread Muffin		Wheat, Soy, Egg, Milk
		•		
	Thursday 21	Yogurt W/ Grahams		Wheat, Soy, Milk
		-		•



Breakfast Menu (cont'd)



Date	Menu Item	Allergens
Friday 22	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Monday 25	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
-	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 26	Breakfast Scone	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 27	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 28	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 29	Sunbutter &Jelly Sandwich Brk	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef





Vegan / Gluten Free Menu



Date	Menu Item		Allergens
Monday 26	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Tuesday 27	Vegan Fried Rice	V	Soy, Sesame
Wednesday 28	Vegan Bean Burrito Bowl	V	Tomato, Soy
Thursday 29	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Friday 1	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Monday 4	Vegan Spanish Beans W/ Rice		Tomato, Soy
Tuesday 5	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Wednesday 6	Vegan Fried Rice	V	Soy, Sesame
Thursday 7	Vegan Bean Burrito Bowl	V	Tomato, Soy
Friday 8	Myo Vegan Tacos	V	Soy
Monday 11	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Tuesday 12	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Wednesday 13	Vegan Spanish Beans W/ Rice		Tomato, Soy
Thursday 14	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Friday 15	Vegan Fried Rice	V	Soy, Sesame
Tuesday 19	Myo Vegan Tacos	V	Soy
Wednesday 20	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Thursday 21	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Friday 22	Vegan Spanish Beans W/ Rice		Tomato, Soy
Monday 25	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Tuesday 26	Vegan Fried Rice	V	Soy, Sesame
Wednesday 27	Vegan Bean Burrito Bowl	V	Tomato, Soy
Thursday 28	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Friday 29	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy

