

# BULLIS CHARTER SCHOOL

# JANUARY 2024

## Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> No meal service	<b>2</b> No meal service	<b>3</b> No meal service	<b>4</b> No meal service	<b>5</b> No meal service
<b>8</b> No meal service	<b>9</b> - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Bagel Kit	<b>10</b> - Beef Burrito - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad	<b>11</b> - Breaded Chicken Sandwich - Bean & Cheese Burrito - Farmer's Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie	<b>12</b> - Meat Lover's Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Italian Deli Hoagie
<b>15</b> No meal service	<b>16</b> - Beef Hot Dog - Black Bean & Veggie Burrito - Bagel Kit - Turkey & Cheese On Dutch Crunch	<b>17</b> - Wet Beef Burrito - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap	<b>18</b> - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap	<b>19</b> - Meat Lover's Pizza - Cheese Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad
<b>22</b> - Chicken Burrito - Vegan Red Beans & Rice - Sunbutter & Jelly Sandwich - Spicy Chicken Wrap	<b>23</b> - Chicken Corn Dog - Minestrone Soup W/ Roll - Bagel Kit - Italian Deli Hoagie	<b>24</b> - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmer's Market Chicken Salad W/ Roll - Breaded Chicken Wrap	<b>25</b> - Chicken Noodle Soup - Cheese Quesadilla - Breaded Chicken Salad - Egg Salad Sandwich	<b>26</b> - Meat Lover's Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Turkey & Cheese Sandwich
<b>29</b> - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap	<b>30</b> - Spaghetti W/ Beef Meatsauce - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap	<b>31</b> - Mr. Mike's Bbq Chicken Sandwich - Pasta X Plosion! - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ Muffin	<b>1</b> - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Cheese Quesadilla - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	<b>2</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit

### Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



(650) 596-8008



lunchmaster@thelunchmaster.com



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# BULLIS CHARTER SCHOOL JANUARY 2024

## Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> No meal service	<b>2</b> No meal service	<b>3</b> No meal service	<b>4</b> No meal service	<b>5</b> No meal service
<b>8</b> No meal service	<b>9</b> - Breakfast Muffin - Breakfast Cereal	<b>10</b> - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>11</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>12</b> - Cherry Frudel - Breakfast Cereal
<b>15</b> No meal service	<b>16</b> - Breakfast Muffin - Breakfast Cereal	<b>17</b> - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>18</b> - Apple Cinnamon Frudel - Breakfast Cereal	<b>19</b> - Concha - Breakfast Cereal
<b>22</b> - Breakfast Scone - Breakfast Cereal	<b>23</b> - String Cheese And Mini Muffin - Breakfast Cereal	<b>24</b> - Cheesy Cornbread Muffin - Breakfast Cereal	<b>25</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>26</b> - Breakfast Muffin - Breakfast Cereal
<b>29</b> - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>30</b> - Breakfast Scone - Breakfast Cereal	<b>31</b> - Concha - Breakfast Cereal	<b>1</b> - Concha - Breakfast Cereal	<b>2</b> - Sunbutter & Jelly Sandwich Brk - Breakfast Cereal

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ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



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Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> No meal service	<b>2</b> No meal service	<b>3</b> No meal service	<b>4</b> No meal service	<b>5</b> No meal service
<b>8</b> No meal service	<b>9</b> - Vegan 3 Bean Chili W/ T.Chips	<b>10</b> - Vegan Fried Rice	<b>11</b> - Vegan Bean Burrito Bowl	<b>12</b> - Myo Vegan Tacos
<b>15</b> No meal service	<b>16</b> - Vegan Pinto Pozole W/T. Chips	<b>17</b> - Vegan Spanish Beans W/ Rice	<b>18</b> - Vegan 3 Bean Chili W/ T.Chips	<b>19</b> - Vegan Fried Rice
<b>22</b> - Vegan Bean Burrito Bowl	<b>23</b> - Myo Vegan Tacos	<b>24</b> - Vegan Chickpea Tikka Masala	<b>25</b> - Vegan Pinto Pozole W/T. Chips	<b>26</b> - Vegan Spanish Beans W/ Rice
<b>29</b> - Vegan 3 Bean Chili W/ T.Chips	<b>30</b> - Vegan Fried Rice	<b>31</b> - Vegan Bean Burrito Bowl	<b>1</b> - Vegan Chickpea Tikka Masala	<b>2</b> - Vegan Pinto Pozole W/T. Chips

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# BULLIS CHARTER SCHOOL

## JANUARY 2024

## Lunch Menu



Date	Menu Item	Allergens
<b>Tuesday 9</b>	Chicken Parmesan W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Milk, Tomato, Chicken
	Veggie Chow Mein	Wheat, Soy, Egg, Sesame
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Wheat, Milk
<b>Wednesday 10</b>	Beef Burrito	Milk, Wheat, Beef, Soy
	Pasta W/ Marinara & Mozzarella	Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Pesto Capreze Salad	Wheat, Milk, Tomato
<b>Thursday 11</b>	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Farmer's Market Egg Salad W/ Roll	Wheat, Egg, Soy, Milk
	Turkey And Cheddar On A Hoagie	Wheat, Milk, Turkey
<b>Friday 12</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey
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<b>Tuesday 16</b>	Beef Hot Dog	Wheat, Beef, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Bagel Kit	Wheat, Milk
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
<b>Wednesday 17</b>	Wet Beef Burrito	Wheat, Soy, Milk, Beef
	Pasta Primavera	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Roll	Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
	Smoked Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
<b>Thursday 18</b>	Chicken Nuggets W/ Rice Pilaf	Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W/ Marinara Sauce	Egg, Milk, Wheat, Tomato
	Tuna Sandwich	Wheat, Egg, Fish, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
<b>Friday 19</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Asian Chicken Wrap	Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad	Chicken, Milk, Tomato, Soy, Egg
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<b>Monday 22</b>	Chicken Burrito	Milk, Chicken, Wheat, Tomato
	Vegan Red Beans & Rice	Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Spicy Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
<b>Tuesday 23</b>	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Minestrone Soup W/ Roll	Tomato, Wheat, Soy, Milk, Egg
	Bagel Kit	Wheat, Milk
	Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey

BULLIS CHARTER SCHOOL  
**JANUARY 2024**

Lunch Menu  
 (cont'd)



Date	Menu Item	Allergens
<b>Wednesday 24</b>	Teriyaki Chicken W/ Rice & Veggies	Wheat, Soy, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	Milk, Soy
	Farmer's Market Chicken Salad W/ Roll	Wheat, Soy, Egg, Milk, Chicken
	Breaded Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
<b>Thursday 25</b>	Chicken Noodle Soup	Wheat, Chicken
	Cheese Quesadilla	Wheat, Milk
	Breaded Chicken Salad	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Egg Salad Sandwich	Egg, Wheat, Soy
<b>Friday 26</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Turkey & Cheese Sandwich	Wheat, Milk, Turkey, Soy
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<b>Monday 29</b>	Beef & Broccoli Bowl	Wheat, Soy, Beef, Sesame
	Pasta X Plosion!	Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
<b>Tuesday 30</b>	Spaghetti W/ Beef Meatsauce	Wheat, Egg, Beef, Milk, Tomato, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl	Wheat, Soy, Chicken, Sesame
	Big Kahuna Tuna Wrap	Wheat, Soy, Egg, Milk, Fish
<b>Wednesday 31</b>	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Pasta X Plosion!	Wheat, Milk, Tomato
	Summer Corn & Tomato Pasta Salad	Wheat, Milk, Soy, Tomato
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
<b>Thursday 1</b>	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	Wheat, Soy, Egg, Milk, Beef, Tomato
	Cheese Quesadilla	Wheat, Milk
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
	Bagel Kit	Wheat, Milk
<b>Friday 2</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken And Rice	Chicken, Tomato
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit	Wheat, Milk

BULLIS CHARTER SCHOOL  
**JANUARY 2024**

Breakfast  
 Menu



Date	Menu Item	Allergens
<b>Tuesday 9</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 10</b>	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 11</b>	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 12</b>	Cherry Frudel	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Tuesday 16</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 17</b>	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 18</b>	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 19</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Monday 22</b>	Breakfast Scone	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 23</b>	String Cheese And Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 24</b>	Cheesy Cornbread Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 25</b>	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 26</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Monday 29</b>	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 30</b>	Breakfast Scone	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 31</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 1</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 2</b>	Sunbutter & Jelly Sandwich Brk	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

BULLIS CHARTER SCHOOL  
**JANUARY 2024**

Vegan / Gluten  
 Free Menu



Date	Menu Item	Allergens	
<b>Tuesday 9</b>	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
<b>Wednesday 10</b>	Vegan Fried Rice	V	Soy, Sesame
<b>Thursday 11</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
<b>Friday 12</b>	Myo Vegan Tacos	V	Soy
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<b>Tuesday 16</b>	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
<b>Wednesday 17</b>	Vegan Spanish Beans W/ Rice		Tomato, Soy
<b>Thursday 18</b>	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
<b>Friday 19</b>	Vegan Fried Rice	V	Soy, Sesame
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<b>Monday 22</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
<b>Tuesday 23</b>	Myo Vegan Tacos	V	Soy
<b>Wednesday 24</b>	Vegan Chickpea Tikka Masala	V	Tomato, Soy
<b>Thursday 25</b>	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
<b>Friday 26</b>	Vegan Spanish Beans W/ Rice		Tomato, Soy
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<b>Monday 29</b>	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
<b>Tuesday 30</b>	Vegan Fried Rice	V	Soy, Sesame
<b>Wednesday 31</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
<b>Thursday 1</b>	Vegan Chickpea Tikka Masala	V	Tomato, Soy
<b>Friday 2</b>	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy