BULLIS CHARTER SCHOOL

JANUARY 2024



Lunch Menu

Mon	day	Tuesday	Wednesday	Thursday	Friday
1	No meal service	2 No meal service	3 No meal service	4 No meal service	5 No meal service
8	No meal service	 g - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Bagel Kit 	 10 - Beef Burrito - Pasta W/ Marinara & Mozzarella - Yogurt Berry Parfait W/ Muffin - Pesto Caprece Salad 	 11 - Breaded Chicken Sandwich - Bean & Cheese Burrito - Farmer's Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie 	12 - Meat Lover's Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Italian Deli Hoagie
15	No meal service	16 - Beef Hot Dog - Black Bean & Veggie Burrito - Bagel Kit - Turkey & Cheese On Dutch Crunch	 17 - Wet Beef Burrito - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap 	 18 - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap 	19 - Meat Lover's Pizza - Cheese Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad
 -	Chicken Burrito Vegan Red Beans & Rice Sunbutter & Jelly Sandwich Spicy Chicken Wrap	23 - Chicken Corn Dog - Minestrone Soup W/ Roll - Bagel Kit - Italian Deli Hoagie	 24 - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmer's Market Chicken Salad W/ Roll - Breaded Chicken Wrap 	 25 - Chicken Noodle Soup - Cheese Quesadilla - Breaded Chicken Salad - Egg Salad Sandwich 	26 - Meat Lover's Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Turkey & Cheese Sandwich
-	Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap	30 - Spaghetti W/ Beef Meatsauce - Black Bean & Veggie Burrito - Teriyaki Chicken Sushi Bowl - Big Kahuna Tuna Wrap	31 - Mr. Mike's Bbq Chicken Sandwich - Pasta X Plosion! - Summer Corn & Tomato Pasta Salad - Yogurt Berry Parfait W/ Muffin	1 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - Cheese Quesadilla - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	 2 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer





PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN







BULLIS CHARTER SCHOOL

JANUARY 2024

Breakfast Menu



Monday	•	Tuesday	Wednesday	Thursday	Friday
1	No meal service	2 No meal service	No meal service	4 No meal service	5 No meal service
8	No meal service	9 - Breakfast Muffin - Breakfast Cereal	10 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	11 - Yogurt W/ Grahams - Breakfast Cereal	12 - Cherry Frudel - Breakfast Cereal
15	No meal service	16 - Breakfast Muffin - Breakfast Cereal	17 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	18 - Apple Cinnamon Frudel - Breakfast Cereal	19 - Concha - Breakfast Cereal
	eakfast Scone eakfast Cereal	23 - String Cheese And Mini Muffin - Breakfast Cereal	24 - Cheesy Cornbread Muffin - Breakfast Cereal	25 - Yogurt W/ Grahams - Breakfast Cereal	26 - Breakfast Muffin - Breakfast Cereal
(Brk	gel W/ Cream Cheese) eakfast Cereal	30 - Breakfast Scone - Breakfast Cereal	31 - Concha - Breakfast Cereal	1 - Concha - Breakfast Cereal	2 - Sunbutter &Jelly Sandwich Brk- Breakfast Cereal

Drinks

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PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS





BULLIS CHARTER SCHOOL

JANUARY 2024



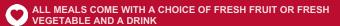
Vegan / Gluten Free Menu

Monday		Tuesday	Wednesday	Thursday	Friday
1	No meal service	2 No meal service	No meal service	4 No meal service	5 No meal service
8	No meal service	9 - Vegan 3 Bean Chili W/ T.Chips	10 - Vegan Fried Rice	11 - Vegan Bean Burrito Bowl	12 - Myo Vegan Tacos
15	No meal service	16 - Vegan Pinto Pozole W/T. Chips	17 - Vegan Spanish Beans W/ Rice	18 - Vegan 3 Bean Chili W/ T.Chips	19 - Vegan Fried Rice
22 - Veg	an Bean Burrito Bowl	23 - Myo Vegan Tacos	24 - Vegan Chickpea Tikka Masala	25 - Vegan Pinto Pozole W/T. Chips	26 - Vegan Spanish Beans W/ Rice
29 - Veg T.Chi	an 3 Bean Chili W/ ps	30 - Vegan Fried Rice	31 - Vegan Bean Burrito Bowl	1 - Vegan Chickpea Tikka Masala	2 - Vegan Pinto Pozole W/T. Chips

Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS









Lunch Menu



Tuesday 9 Chicken Parmesan W/ Olive Oil & Parmesan Pasta Veggle Chow Mein Chicken Caesar Wrap Bagel Kit Wheat, Soy, Egg, Sesame Wheat, Chicken, Milk, Egg, Fish Wheat, Chicken, Milk, Egg, Fish Wheat, Milk Wheat, Milk Wheat, Milk Wheat, Milk Wheat, Beef, Soy Wheat, Egg, Milk, Tomato Yogurd Berry Parfait W/ Muffin Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Soy Wheat, Egg, Milk, Soy Wheat, Egg, Milk, Chicken, Sesame Beraded Chicken Sandwich Wheat, Milk, Wheat, Soy, Milk, Chicken, Sesame Beraded Chicken Sandwich Wheat, Milk, Wheat, Soy, Milk, Chicken, Sesame Beraded Chicken Sandwich Wheat, Milk, Wheat, Soy, Milk, Chicken, Sesame Beraded Chicken Sandwich Wheat, Milk, Wheat, Soy, Milk, Chicken, Sesame Beraded Chicken Sandwich Wheat, Milk, Turkey And Cheddar On A Hoagie Wheat, Soy, Milk, Fork, Chicken, Tomato Chickes Pizza Wheat, Soy, Milk, Fork, Chicken, Tomato Chicken Caesar Salad W/ Roll Milk, Chicken, Wheat, Soy, Milk, Fork, Beef, Turkey Wheat, Soy, Milk, Pork, Beef, Turkey Wheat, Soy, Milk, Pork, Beef, Turkey Wheat, Soy, Milk, Pork, Beef, Turkey Wheat, Soy, Milk, Tomato Milk, Chicken, Milk, Turkey & Cheese On Dutch Crunch Turkey, Wheat, Milk Turkey, Wheat, Milk Turkey & Cheese On Dutch Crunch Turkey, Wheat, Milk Turkey, Wheat, Milk Turkey & Cheese On Dutch Crunch Turkey, Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Chicken Racon Ranch Salad W/ Roll Pork, Milk, Chicken, Soy, Wheat, Milk, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Chicken Pizza Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Cheese Pizza Asian Chicken Wrap Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Chicken Pasta Primare & Rolicken Wrap Santa Fe Chicken Salad Chicken Wrap Santa Fe Chicken, Sandwich Wheat, Soy, Milk, Tomato Chicken, Milk, Egg, Fish Sandwich Wheat, Sandwich Wheat, Soy, Milk, Tomato Chicken, Milk, Sandwich Wheat, Sandwich Wheat, Soy, Milk, Chicken, Son, Son, Sanda Chicken Whaet, Sandwich Wheat, So	Date	Menu Item	Allergens
Veggle Chow Mein Chicken Caesar Wrap Bagel Kit Wheat, Chicken, Milk, Egg, Fish Bagel Kit Wheat, Milk Wednesday 10 Beef Burrito Pasta W. Marinara & Mozzarella Yogut Berry Parfait W. Muffin Pesto Caprace Salad Wheat, Milk, Soy Pesto Caprace Salad Wheat, Milk, Soy Pesto Caprace Salad Wheat, Milk, Tomato Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Bean & Cheese Burrito Milk, Wheat, Soy, Milk, Chicken, Sesame Milk, Wheat, Soy, Milk Turkey And Cheddar On A Hoagie Wheat, Milk, Turkey Friday 12 Meat Lover's Pizza Chicken Caesar Salad W. Roll Italian Deli Hoagie Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Milk, Tomato Chicken Caesar Salad W. Roll Italian Deli Hoagie Wheat, Soy, Milk, Tomato Milk, Chicken, Wheat, Egg, Soy, Fish Italian Deli Hoagie Wheat, Soy, Milk, Tomato Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Soy, Whilk, Tomato Wheat, Soy, Whilk, Tomato Wheat, Soy, Wheat, Tomato Wheat, Soy, Wheat, Tomato Wheat, Milk Wednesday 17 Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Milk Chicken, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg, Fish, Soy Wheat, Chicken Nilk, Egg, Fish, Soy Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Wrap Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Chicken, Tomato Chicken Pizza Wheat, Soy, Milk, Chicken, Sesame Santa Fe Chicken Salad Chicken, Soy, Egg Monday 22 Chicken Barrito Vegan Red Beans & Rice Tomato	Tuesday 9	Chicken Parmesan W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Milk, Tomato, Chicken
Chicken Caesar Wrap Bagel Kit Wednesday 10 Beef Burrito Pasta W Marinara & Mozzarella Yogurt Berry Parfait W Muffin Pesto Caprece Salad Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Soy Pesto Caprece Salad Wheat, Egg, Milk, Tomato Wheat, Egg, Milk, Chicken, Sesame Breaded Chicken Sandwich Bean & Cheese Burrito Farmer's Market Egg Salad W Roll Turkey And Cheddar On A Hoagie Wheat, Milk, Turkey Friday 12 Meat Lover's Pizza Chicken Caesar Salad W Roll Italian Dell Hoagie Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Chicken Caesar Salad W Roll Italian Dell Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Soy, Milk, Beef Pasta Primavera Chicken Bacon Ranch Salad W Roll Smoked Chicken Wrap Wheat, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Milk, Chicken, Wheat, Egg, Fish, Soy Chicken Bacon Ranch Salad W Roll Pasta Primavera Chicken Bacon Ranch Salad W Roll Smoked Chicken Wrap Wheat, Soy, Wheat, Milk, Egg Cheese Ravioli W Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Tomato Wheat, Egg, Fish, Soy Wheat, Egg, Fish, Soy Wheat, Soy, Milk, Chicken, Nilk, Egg Cheese Pizza Wheat, Soy, Milk, Chicken, Sesame Santa Fe Chicken Salad Chicken Marp Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Sesame Chicken, Milk, Tomato Cheese Pizza Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato Vegan Red Beans & Rice Monday 22 Chicken Burrito Vegan Red Beans & Rice	. accuay c		•
Bagel Kit Wednesday 10 Beef Burrito Pasta W/ Marinara & Mozzarella Yogurt Berry Parfait W/ Muffin Pesto Caprece Salad Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Farmer's Market Egg Salad W/ Roll Turkey And Cheddar On A Hoagie Wheat, Egg, Soy, Milk, Chicken, Sesame Milk, Wheat, Soy, Milk, Tomato Wheat, Egg, Soy, Milk Turkey And Cheddar On A Hoagie Wheat, Soy, Milk, Turkey Friday 12 Meat Lover's Pizza Chicken Caesar Salad W/ Roll Italian Dell Hoagie Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Salad W/ Roll Italian Dell Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Wheat, Beef, Soy Black Bean & Veggie Burrito Bagel Kit Wednesday 17 Wet Beef Burrito Wet Beef Burrito Wheat, Milk Turkey & Cheese On Dutch Crunch Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Soy Wheat, Soy, Milk, Chicken, Meat, Egg, Tomato Wheat, Soy, Milk, Soy Wheat, Soy, Milk, Soy Wheat, Soy, Milk, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Milk Weat, Soy, Egg, Milk, Chicken, Milk Wheat, Soy, Milk, Chicken, Milk, Egg Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Milk, Egg Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Chocken, Milk, Egg, Fish Wheat, Soy, Milk, Chicken, Sesame Chicken Milk, Chicken, Sesame Chicken Milk, Chicken, Sesame Chicken Milk, Chicken, Sesame Chicken Burrito Vegan Red Beans & Rice Monday 22 Chicken Burrito Tomato			
Pasta W/ Marinara & Mozzarella Yogurt Berry Parfait W/ Muffin Pesto Caprece Salad Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Bean & Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Salad W/ Roll Bean & Veggie Burrito Black Bean & Veggie Burrito Blagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Wednesday 17 Wet Beef Burrito Basel Milk, Chicken, Wheat, Egg, Soy, Bish Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Milk Wednesday 17 Wet Beef Burrito Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Chicken, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken Burrito Wheat, Soy, Milk, Chicken, Sesame Chicken Burrito Wednesday 20 Chicken Burrito Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Chicken, M		·	
Pasta W/ Marinara & Mozzarella Yogurt Berry Parfait W/ Muffin Pesto Caprece Salad Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Bean & Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Salad W/ Roll Bean & Veggie Burrito Black Bean & Veggie Burrito Blagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Wednesday 17 Wet Beef Burrito Basel Milk, Chicken, Wheat, Egg, Soy, Bish Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Milk Wednesday 17 Wet Beef Burrito Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Chicken, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken Burrito Wheat, Soy, Milk, Chicken, Sesame Chicken Burrito Wednesday 20 Chicken Burrito Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Chicken, M	Wednesday 10	Reef Burrito	Milk Wheat Beef Sov
Yogurt Berry Parfait W/ Mufflin Pesto Caprece Salad Wheat, Milk, Tomato Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Farmer's Market Egg Salad W/ Roll Turkey And Cheddar On A Hoagie Friday 12 Meat Lover's Pizza Chicken Caesar Salad W/ Roll Milk, Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Wheat, Soy, Milk, Wheat, Tomato Wheat, Soy, Milk, Wheat, Tomato Wheat, Milk Wednesday 17 Wet Beef Burrito Pasta Primavera Wheat, Milk, Soy Chicken Bacon Ranch Salad W/ Roll Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Egg, Fish, Soy Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Figg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Sesame Chicken Murp Santa Fe Chicken Salad Milk, Chicken, Wheat, Tomato Vegan Red Beans & Rice Monday 22 Chicken Burrito Vegan Red Beans & Rice	Wouldooddy 10		
Pesto Caprece Salad Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Farmer's Market Egg Salad W Roll Turkey And Cheddar On A Hoagie Friday 12 Meat Lover's Pizza Chicken Caesar Salad W/ Roll Milk, Chicken, Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Salad W/ Roll Milk, Chicken, Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Pasta Primavera Wheat, Milk, Soy Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Wheat, Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Tomato			
Thursday 11 Breaded Chicken Sandwich Bean & Cheese Burrito Beat Lover's Pizza Wheat, Soy, Milk, Turkey Wheat, Soy, Milk, Tomato Chicken Caesar Salad W/ Roll Italian Deli Hoagie Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Milk, Soy Beat Primavera Chicken Bacon Ranch Salad W/ Roll Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Milk, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg Cheese Ravioli W/ Marinara Sauce Egg, Milk, Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Chicken Caesar Wrap Wheat, Soy, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Cheese Pizza Asian Chicken Wrap Wheat, Soy, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Tomato Milk, Chicken, Wheat, Tomato Tomato Milk, Chicken, Wheat, Tomato Milk, Chicken, Milk, Tomato, Soy, Egg		•	
Bean & Cheese Burrito Farmer's Market Egg Salad W/ Roll Turkey And Cheddar On A Hoagie Friday 12 Meat Lover's Pizza Cheese Pizza Chicken Caesar Salad W/ Roll Milk, Chicken, Wheat, Egg, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Wheat, Egg, Soy, Fish Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Milk Wednesday 17 Wet Beef Burrito Pasta Primavera Wheat, Soy, Milk, Beef Wheat, Milk, Soy Chicken Bacon Ranch Salad W/ Roll Soy, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Cheese Pizza Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato	Thursday 11	·	
Farmer's Market Egg Salad W/ Roll Turkey And Cheddar On A Hoagie Friday 12 Meat Lover's Pizza Cheese Pizza Cheese Pizza Chicken Cassar Salad W/ Roll Italian Deli Hoagie Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Wheat, Egg, Soy, Fish Italian Deli Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Wednesday 17 Wet Beef Burrito Wheat, Soy, Milk, Beef Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Wheat, Soy, Wheat, Milk, Egg Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Wheat, Soy, Wheat, Soy, Wheat, Soy, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Chicken, Wheat, Tomato Tomato	illursuay i i		
Turkey And Cheddar On A Hoagie Friday 12 Meat Lover's Pizza Cheese Pizza Chicken Caesar Salad W/ Roll Italian Deli Hoagie Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Soy, Milk, Pork, Beef, Turkey Wheat, Beef, Soy Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Soy, Milk, Beef Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Milk, Egg, Fish Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Soy, Milk, Chicken, Wheat, Tomato Tomato			
Friday 12 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Chicken Caesar Salad W/ Roll Milk, Chicken, Wheat, Egg, Soy, Fish Italian Deli Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Wheat, Beef, Soy Black Bean & Veggie Burrito Milk, Wheat, Tomato Bagel Kit Wheat, Milk Turkey & Cheese On Dutch Crunch Turkey, Wheat, Milk Wednesday 17 Wet Beef Burrito Wheat, Soy, Milk, Beef Pasta Primavera Wheat, Milk, Soy Chicken Bacon Ranch Salad W/ Roll Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Chicken, Soy, Wheat, Milk, Egg Cheese Ravioli W/ Marinara Sauce Egg, Milk, Wheat, Tomato Tuna Sandwich Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato Vegan Red Beans & Rice Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato			
Cheese Pizza Chicken Caesar Salad W/ Roll Italian Deli Hoagie Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Soy, Milk, Pork, Beef Wheat, Soy Milk, Wheat, Tomato Wheat, Milk Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Wheat, Tomato Wheat, Soy, Wheat, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Asian Chicken Wrap Monday 22 Monday 22 Chicken Baron Chicken Baron Chicken Baron Milk Milk Milk Milk Milk Milk Milk Milk		,	·
Chicken Caesar Salad W/ Roll Italian Deli Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy Smoked Chicken Wrap Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Legg, Fish Friday 19 Meat Lover's Pizza Chicken Salad Monday 22 Monday 22 Chicken Burrito Milk, Chicken, Wheat, Egg, Fish Milk, Chicken, Tomato Milk, Chicken, Milk, Egg Cheese Ravioli W/ Marinara Sauce Chicken, Soy, Wheat, Milk, Egg Wheat, Soy, Milk, Chicken, Milk, Egg Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato	Friday 12		•
Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Friday 19 Meat Lover's Pizza Asian Chicken Wrap Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg, Fish Wheat, Soy, Milk, Chicken, Milk, Egg, Friday 19 Wheat, Soy, Wheat, Milk, Egg, Fish Wheat, Soy, Wheat, Milk, Egg, Fish Wheat, Chicken, Milk, Egg, Fish Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Chicken, Tomato Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Soy, Milk, Chicken, Wheat, Tomato Tomato			· .
Tuesday 16 Beef Hot Dog Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wheat, Milk Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish, Soy Chicken Cheese Pizza Asian Chicken Wrap Wheat, Soy, Milk, Perk, Chicken, Milk, Egg, Fish Wheat, Soy, Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Egg, Fish, Soy Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Chicken, Wheat, Tomato Tomato		Chicken Caesar Salad W/ Roll	
Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Wheat, Tomato Milk, Egg, Fish Meat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato, Soy, Egg		Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey
Black Bean & Veggie Burrito Bagel Kit Turkey & Cheese On Dutch Crunch Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Soy, Milk, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Wheat, Tomato Milk, Egg, Fish Meat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Wheat, Soy, Milk, Fork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato, Soy, Egg	Tuesday 16	Reef Hot Dog	Wheat Beef Sov
Bagel Kit Turkey & Cheese On Dutch Crunch Turkey, Wheat, Milk Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Santa Fe Chicken Salad Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Wilk, Wheat, Tomato Turkey, Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Vegan Red Beans & Rice Wheat, Chicken, Wheat, Tomato Tomato	racoualy ro	-	·
Turkey & Cheese On Dutch Crunch Turkey, Wheat, Milk Wednesday 17 Wet Beef Burrito Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Soy, Milk, Milk, Ege Wheat, Soy, Milk, Pork, Chicken, Tomato Turkey, Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Beef Wheat, Soy, Milk, Chicken, Tomato Wheat, Soy, Wheat, Milk, Egg Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Wilk, Chicken, Wheat, Tomato			
Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Wheat, Milk, Egg Chicken, Soy, Wheat, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Tomato			
Pasta Primavera Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Milk, Chicken, Wheat, Egg, Tomato, Soy Wheat, Soy, Wheat, Milk, Egg Chicken, Soy, Wheat, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Tomato	Wednesday 17	Wet Beef Burrito	Wheat, Soy, Milk, Beef
Chicken Bacon Ranch Salad W/ Roll Smoked Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Soy, Wheat, Milk, Egg Egg, Milk, Wheat, Tomato Wheat, Egg, Fish, Soy Chicken Caesar Wrap Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato	,		•
Thursday 18 Chicken Nuggets W/ Rice Pilaf Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Friday 19 Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Santa Fe Chicken Salad Monday 22 Chicken Burrito Vegan Red Beans & Rice Chicken Chicken Chicken Chicken, Wheat, Soy, Milk, Chicken, Tomato Chicken Chicken Salad Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Tomato			
Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Chicken, Milk, Egg, Fish, Soy Chicken Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Monday 22 Chicken Burrito Vegan Red Beans & Rice Egg, Milk, Wheat, Tomato Wheat, Egg, Fish, Soy Wheat, Soy, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Tomato			
Cheese Ravioli W/ Marinara Sauce Tuna Sandwich Chicken Caesar Wrap Wheat, Chicken, Milk, Egg, Fish, Soy Chicken Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato	Thursday 18	Chicken Nuggets W/ Rice Pilaf	Chicken Soy Wheat Milk Egg
Tuna Sandwich Chicken Caesar Wrap Wheat, Egg, Fish, Soy Wheat, Chicken, Milk, Egg, Fish Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Santa Fe Chicken Salad Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato	maroday 10		
Chicken Caesar Wrap Meat Lover's Pizza Cheese Pizza Asian Chicken Wrap Santa Fe Chicken Salad Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Chicken, Milk, Egg, Fish Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato			
Friday 19 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Asian Chicken Wrap Wheat, Soy, Milk, Chicken, Sesame Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato			
Cheese Pizza Asian Chicken Wrap Santa Fe Chicken Salad Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato	Friday 10		
Asian Chicken Wrap Santa Fe Chicken Salad Monday 22 Chicken Burrito Vegan Red Beans & Rice Wheat, Soy, Milk, Chicken, Sesame Chicken, Milk, Tomato, Soy, Egg Milk, Chicken, Wheat, Tomato Tomato	Triday 13		
Santa Fe Chicken Salad Chicken, Milk, Tomato, Soy, Egg Monday 22 Chicken Burrito Vegan Red Beans & Rice Milk, Chicken, Wheat, Tomato Tomato			
Vegan Red Beans & Rice Tomato			
Vegan Red Beans & Rice Tomato			
	Monday 22		
		_	
·		Sunbutter & Jelly Sandwich	Wheat Say For Mills Chicken Second
Spicy Chicken Wrap Wheat, Soy, Egg, Milk, Chicken, Sesame		• •	
Tuesday 23Chicken Corn DogWheat, Soy, Egg, Chicken, Turkey, Sesame	Tuesday 23	-	
Minestrone Soup W/ Roll Tomato, Wheat, Soy, Milk, Egg			
Bagel Kit Wheat, Milk		-	
Italian Deli Hoagie Wheat, Soy, Milk, Pork, Beef, Turkey		Italian Deli Hoagie	Wheat, Soy, Milk, Pork, Beef, Turkey



Lunch Menu (cont'd)



Wednesday 24 Teriyaki Chicken W/ Rice & Veggies Cheesy Bean Dip W/ Tortilla Chips Farmer's Market Chicken Salad W/ Roll Breaded Chicken Wrap Wheat, Soy, Egg, Milk, Chicken Breaded Chicken Woodle Soup Cheese Quesadilla Breaded Chicken Salad Breaded Salad Sandwich Egg, Wheat, Soy, Egg, Milk, Chicken, Tomato Egg Salad Sandwich Briday 26 Wheat Lover's Pizza Cheese Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Wheat, Milk, Chicken, Wheat, Egg, Soy, Fish Turkey & Cheese Sandwich Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy Black Bean & Veggie Burrito Milk, Wheat, Tomato Milk, Wheat, Tomato	
Cheesy Bean Dip W/ Tortilla Chips Farmer's Market Chicken Salad W/ Roll Breaded Chicken Wrap Wheat, Soy, Egg, Milk, Chicken Wheat, Soy, Egg, Milk, Chicken, Sesame Thursday 25 Chicken Noodle Soup Cheese Quesadilla Breaded Chicken Salad Breaded Chicken Salad Breaded Chicken Salad Egg Salad Sandwich Egg Salad Sandwich Egg, Wheat, Soy, Egg, Milk, Chicken, Tomato Egg, Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Beef, Sesame Wheat, Milk, Turkey, Soy Wheat, Soy, Beef, Sesame Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Sandel Wheat, Soy Wheat, Soy Wheat, Soy Sandel Wheat, Soy Wheat, Soy Sandel Wheat, Soy Wheat, Soy Sandel Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Farmer's Market Chicken Salad W/ Roll Breaded Chicken Wrap Wheat, Soy, Egg, Milk, Chicken Wheat, Soy, Egg, Milk, Chicken, Sesame Thursday 25 Chicken Noodle Soup Cheese Quesadilla Breaded Chicken Salad Breaded Chicken Salad Egg Salad Sandwich Egg, Wheat, Soy, Egg, Milk, Chicken, Tomato Egg, Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Wheat, Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Beef, Sesame Wheat, Soy Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Thursday 25 Chicken Noodle Soup Cheese Quesadilla Breaded Chicken Salad Egg Salad Sandwich Friday 26 Meat Lover's Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Chicken Wheat, Chicken Wheat, Chicken Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Turkey, Soy Wheat, Soy, Beef, Sesame Wheat, Soy, Beef, Sesame Wheat, Soy, Beef, Sesame Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy	
Cheese Quesadilla Breaded Chicken Salad Egg Salad Sandwich Friday 26 Meat Lover's Pizza Cheese Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Milk Wheat, Milk Wheat, Milk Wheat, Soy, Milk, Pork, Chicken, Tomato Wheat, Soy, Milk, Tomato Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Wheat, Soy, Beef, Sesame Wheat, Milk, Tomato Wheat, Soy, Beef, Sesame Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Breaded Chicken Salad Egg Salad Sandwich Egg Salad Sandwich Egg, Wheat, Soy, Egg, Milk, Chicken, Tomato Egg, Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Egg Salad Sandwich Friday 26 Meat Lover's Pizza Cheese Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Fiday 26 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Wheat, Soy, Beef, Sesame Wheat, Milk, Tomato Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato	
Friday 26 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Chicken, Tomato Cheese Pizza Wheat, Soy, Milk, Tomato Wheat, Soy, Milk, Tomato Milk, Chicken, Wheat, Egg, Soy, Fish Turkey & Cheese Sandwich Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Wheat, Soy, Beef, Sesame Pasta X Plosion! Wheat, Milk, Tomato Wheat, Milk, Tomato Sunbutter & Jelly Sandwich Wheat, Soy Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Cheese Pizza Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Beef, Sesame Wheat, Milk, Tomato Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Chicken Caesar Salad W/ Roll Turkey & Cheese Sandwich Milk, Chicken, Wheat, Egg, Soy, Fish Wheat, Milk, Turkey, Soy Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Turkey & Cheese Sandwich Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Beef, Sesame Wheat, Milk, Tomato Wheat, Soy Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Soy, Egg, Milk, Chicken, Tomato Wheat, Egg, Beef, Milk, Tomato, Soy	
Monday 29 Beef & Broccoli Bowl Pasta X Plosion! Sunbutter & Jelly Sandwich Chicken Fajita Wrap Wheat, Soy, Beef, Sesame Wheat, Milk, Tomato Wheat, Soy Wheat, Soy Wheat, Soy, Egg, Milk, Chicken, Tomato Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Pasta X Plosion! Wheat, Milk, Tomato Sunbutter & Jelly Sandwich Wheat, Soy Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Pasta X Plosion! Wheat, Milk, Tomato Sunbutter & Jelly Sandwich Wheat, Soy Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Chicken Fajita Wrap Wheat, Soy, Egg, Milk, Chicken, Tomato Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Tuesday 30 Spaghetti W/ Beef Meatsauce Wheat, Egg, Beef, Milk, Tomato, Soy	
Black Bean & Veggie Burrito Milk, Wheat, Tomato	
Teriyaki Chicken Sushi Bowl Wheat, Soy, Chicken, Sesame	
Big Kahuna Tuna Wrap Wheat, Soy, Egg, Milk, Fish	
Wednesday 31 Mr. Mike's Bbq Chicken Sandwich Chicken, Wheat, Soy, Milk, Tomato	
Pasta X Plosion! Wheat, Milk, Tomato	
Summer Corn & Tomato Pasta Salad Wheat, Milk, Soy, Tomato	
Yogurt Berry Parfait W/ Muffin Wheat, Egg, Milk, Soy	
Thursday 1 Chicken Nuggets W/ Olive Oil & Parmesan Pasta Wheat, Soy, Egg, Milk, Chicken, Sesame	
Beef Chili W/ Cornbread Wheat, Soy, Egg, Milk, Beef, Tomato	
Cheese Quesadilla Wheat, Milk	
Chicken Bacon Ranch Wrap Wheat, Milk, Pork, Chicken, Egg, Tomato	
Southwest Veggie Taco Salad W/ Tortilla Chips Milk, Soy, Tomato, Egg	
Bagel Kit Wheat, Milk	
Friday 2 Meat Lover's Pizza Wheat, Soy, Milk, Pork, Beef, Tomato, Turk	ә у
Cheese Pizza Wheat, Soy, Milk, Tomato	
Bbq Chicken And Rice Chicken, Tomato	
Bbq Chicken Wrap Milk, Chicken, Wheat, Soy, Egg, Fish, Shell	
Italian Market Salad Wheat, Soy, Milk, Pork, Beef, Turkey	ish
Bagel Kit Wheat, Milk	fish



Breakfast Menu



Date	Menu Item		Allergens
Tuesday 9	Breakfast Muffin		Wheat, Soy, Egg, Milk
,, s	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 10	Bagel W/ Cream Cheese (Brk)		Wheat, Soy, Milk
•	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 11	Yogurt W/ Grahams		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 12	Cherry Frudel		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 16	Breakfast Muffin		Wheat, Soy, Egg, Milk
•	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 17	Bagel W/ Cream Cheese (Brk)		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 18	Apple Cinnamon Frudel	Veg	Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 19	Concha		Wheat, Milk, Egg, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Monday 22	Breakfast Scone		Wheat, Soy, Egg, Milk
•	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 23	String Cheese And Mini Muffin		Milk, Wheat, Soy, Egg
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 24	Cheesy Cornbread Muffin		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 25	Yogurt W/ Grahams		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 26	Breakfast Muffin		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Monday 29	Bagel W/ Cream Cheese (Brk)		Wheat, Soy, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Tuesday 30	Breakfast Scone		Wheat, Soy, Egg, Milk
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Wednesday 31	Concha		Wheat, Milk, Egg, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Thursday 1	Concha		Wheat, Milk, Egg, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef
Friday 2	Sunbutter &Jelly Sandwich Brk		Wheat, Soy
	Breakfast Cereal		Wheat, Soy, Milk, Pork, Beef



Vegan / Gluten Free Menu



Date	Menu Item		Allergens
Tuesday 9	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Wednesday 10	Vegan Fried Rice	V	Soy, Sesame
Thursday 11	Vegan Bean Burrito Bowl	V	Tomato, Soy
Friday 12	Myo Vegan Tacos	V	Soy
Tuesday 16	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Wednesday 17	Vegan Spanish Beans W/ Rice		Tomato, Soy
Thursday 18	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Friday 19	Vegan Fried Rice	V	Soy, Sesame
Monday 22	Vegan Bean Burrito Bowl	V	Tomato, Soy
Tuesday 23	Myo Vegan Tacos	V	Soy
Wednesday 24	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Thursday 25	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy
Friday 26	Vegan Spanish Beans W/ Rice		Tomato, Soy
Monday 29	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy
Tuesday 30	Vegan Fried Rice	V	Soy, Sesame
Wednesday 31	Vegan Bean Burrito Bowl	V	Tomato, Soy
Thursday 1	Vegan Chickpea Tikka Masala	V	Tomato, Soy
Friday 2	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy



