

#### Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Bacon Ranch Wrap - Bagel Kit	2 - Chicken Corn Dog - Chicken Parmesan W/ Olive Oil & Parmesan Pasta - Veggie Chow Mein - Chicken Caesar Wrap - Athenian Chicken Salad W/ Pita - Bagel Kit	<ul> <li>3 - Beef Burrito <ul> <li>Chicken Chow Mein</li> <li>Pasta W/ Marinara &amp;</li> </ul> </li> <li>Mozzarella <ul> <li>Yogurt Berry Parfait W/</li> <li>Muffin</li> <li>Pesto Caprece Salad</li> <li>Bagel Kit</li> </ul> </li> </ul>	<ul> <li>4 - Breaded Chicken Sandwich</li> <li>- Chicken Tortilla Soup W/ Tortilla Chips</li> <li>- Mac And Cheese</li> <li>- Farmer's Market Egg Salad W/ Roll</li> <li>- Turkey And Cheddar On A Hoagie</li> <li>- Bagel Kit</li> </ul>	5 - Meat Lover's Pizza - Cheese Pizza - Louisiana Jambalaya - Chicken Caesar Salad W/ Roll - Italian Deli Hoagie - Bagel Kit
<ul> <li>15 - Hamburger <ul> <li>Chicken Burrito</li> <li>Vegan Red Beans &amp; Rice</li> <li>Sunbutter &amp; Jelly Sandwich</li> <li>Spicy Chicken Wrap</li> <li>Bagel Kit</li> </ul> </li> </ul>	<b>16</b> - Pesto Chicken W/ Pasta - Chicken Corn Dog - Minestrone Soup W/ Roll - Italian Deli Hoagie - Cobb Salad Wrap - Bagel Kit	<ul> <li>17 - Chicken Parmesan Hoagie <ul> <li>Teriyaki Chicken W/ Rice &amp; Veggies</li> <li>Cheesy Bean Dip W/ Tortilla Chips</li> <li>Yogurt Berry Parfait W/ Muffin</li> <li>Breaded Chicken Wrap</li> <li>Bagel Kit</li> </ul> </li> </ul>	<ul> <li>18 - Breaded Chicken Sandwich</li> <li>- Chicken Enchiladas</li> <li>- Mac And Cheese</li> <li>- Breaded Chicken Salad</li> <li>- Egg Salad Sandwich</li> <li>- Bagel Kit</li> </ul>	19 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken Quesadilla - Chicken Caesar Salad W/ Roll - Turkey & Cheese Sandwich - Bagel Kit
22 - Cheeseburger - Beef & Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Clubhouse Wrap - Bagel Kit	<ul> <li>23 - Spaghetti W/ Beef Meatsauce</li> <li>- Beef Hot Dog</li> <li>- Black Bean &amp; Veggie Burrito</li> <li>- Teriyaki Chicken Sushi Bowl</li> <li>- Big Kahuna Tuna Wrap</li> <li>- Bagel Kit</li> </ul>	<ul> <li>24 - Sweet And Sour Chicken <ul> <li>Mr. Mike's Bbq Chicken</li> <li>Sandwich</li> <li>Cheese Quesadilla</li> <li>Farmer's Market Chicken</li> <li>Salad W/ Roll</li> <li>Turkey &amp; Cheese On Dutch</li> <li>Crunch</li> <li>Bagel Kit</li> </ul> </li> </ul>	<ul> <li>25 - Chicken Nuggets W/ Olive Oil &amp; Parmesan Pasta</li> <li>Beef Chili W/ Cornbread</li> <li>Bean &amp; Cheese Burrito</li> <li>Chicken Bacon Ranch Wrap</li> <li>Southwest Veggie Taco</li> <li>Salad W/ Tortilla Chips</li> <li>Bagel Kit</li> </ul>	26 - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken And Rice - Bbq Chicken Wrap - Italian Market Salad - Bagel Kit
29 - Hamburger - Pasta W/ Olive Oil & Parmesan - Curry Fried Rice - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap - Bagel Kit	<ul> <li>30 - Chicken Corn Dog</li> <li>- Chicken Parmesan W/ Olive</li> <li>Oil &amp; Parmesan Pasta</li> <li>- Veggie Chow Mein</li> <li>- Chicken Caesar Wrap</li> <li>- Athenian Chicken Salad W/ Pita</li> <li>- Bagel Kit</li> </ul>	1	2	3
Drinks			•	· 
1% Milk, Nonfat Milk	opportunity provider and employe	Sr		
	pportunity provider and employe	PLACE YOUR ORDER NOW!		
	(650) 596-8008	Iunchmaster@thelunchmaster.com	www.thelunchmaster.com	

**Breakfast Menu** 



Monday	Tuesday	Wednesday	Thursday	Friday
<ul> <li>1 - Breakfast Scone</li> <li>- Breakfast Cereal</li> </ul>	<ul> <li>2 - Bagel W/ Cream Cheese (Brk)</li> <li>- Breakfast Cereal</li> </ul>	<ul> <li>3 - Breakfast Muffin</li> <li>- Breakfast Cereal</li> </ul>	<ul> <li>4 - Yogurt W/ Grahams</li> <li>Breakfast Cereal</li> </ul>	<ul> <li>5 - Cheesy Cornbread Muffin</li> <li>- Breakfast Cereal</li> </ul>
8 No meal service	9 No meal service	10 No meal service	11 No meal service	12 No meal service
<b>15</b> - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	<b>16</b> - String Cheese And Mini Muffin - Breakfast Cereal	<ul> <li>17 - Cheesy Cornbread Muffin</li> <li>Breakfast Cereal</li> </ul>	<b>18</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>19</b> - Breakfast Muffin - Breakfast Cereal
22 - Bagel W/ Cream Cheese (Brk) - Breakfast Cereal	23 - Breakfast Scone - Breakfast Cereal	<b>24</b> - Concha - Breakfast Cereal	<b>25</b> - Breakfast Muffin - Breakfast Cereal	26 - Sunbutter &Jelly Sandwich Brk - Breakfast Cereal
<b>29</b> - Breakfast Scone - Breakfast Cereal	<b>30</b> - Breakfast Muffin - Breakfast Cereal	1	2	3

#### Drinks

#### 1% Milk, Nonfat Milk

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#### Vegan / Gluten Free Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 - Vegan Spanish Beans W/ Rice	2 - Vegan 3 Bean Chili W/ T.Chips	<b>3</b> - Vegan Fried Rice	<b>4</b> - Vegan Bean Burrito Bowl	<b>5</b> - Myo Vegan Tacos
8 No meal service	9 No meal service	10 No meal service	11 No meal service	12 No meal service
15 - Vegan Bean Burrito Bowl	<b>16</b> - Myo Vegan Tacos	<b>17</b> - Vegan Chickpea Tikka Masala	18 - Vegan Pinto Pozole W/T. Chips	<b>19</b> - Vegan Spanish Beans W/ Rice
<b>22</b> - Vegan 3 Bean Chili W/ T.Chips	<b>23</b> - Vegan Fried Rice	24 - Vegan Bean Burrito Bowl	<b>25</b> - Myo Vegan Tacos	<b>26</b> - Vegan Chickpea Tikka Masala
<b>29</b> - Vegan Pinto Pozole W/T. Chips	<b>30</b> - Vegan Spanish Beans W/ Rice	1	2	3

Drinks

1% Milk, Nonfat Milk

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ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK		
PERFECT COMBINATI DELICIOUS	ON OF NUTRITIOUS AND	VEGAN
	PLACE YOUR ORDER NOW!	
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## Lunch Menu



Date	Menu Item		Allergens
Monday 1	Hamburger		Beef, Wheat, Soy
<b>,</b> .	Pasta W/ Olive Oil & Parmesan		Wheat, Milk
	Curry Fried Rice	Veg	Wheat, Soy, Egg, Sesame
	Sunbutter & Jelly Sandwich	Ū	Wheat, Soy
	Chicken Bacon Ranch Wrap		Wheat, Milk, Chicken, Pork, Tomato
	Bagel Kit		Wheat, Milk
Tuesday 2	Chicken Corn Dog		Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Chicken Parmesan W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Milk, Tomato, Chicken
	Veggie Chow Mein		Wheat, Soy, Egg, Sesame
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish
	Athenian Chicken Salad W/ Pita		Milk, Chicken, Wheat, Tomato, Pork
	Bagel Kit		Wheat, Milk
Wednesday 3	Beef Burrito		Milk, Wheat, Beef, Soy
	Chicken Chow Mein		Wheat, Soy, Egg, Chicken, Sesame
	Pasta W/ Marinara & Mozzarella		Wheat, Egg, Milk, Tomato
	Yogurt Berry Parfait W/ Muffin		Wheat, Egg, Milk, Soy
	Pesto Caprece Salad		Wheat, Milk, Tomato
	Bagel Kit		Wheat, Milk
Thursday 4	Breaded Chicken Sandwich		Wheat, Soy, Milk, Chicken, Sesame
	Chicken Tortilla Soup W/ Tortilla Chips		Soy, Tomato, Chicken
	Mac And Cheese		Wheat, Milk
	Farmer's Market Egg Salad W/ Roll		Wheat, Egg, Soy, Milk
	Turkey And Cheddar On A Hoagie		Wheat, Milk, Turkey
	Bagel Kit		Wheat, Milk
Friday 5	Meat Lover's Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato
	Cheese Pizza		Wheat, Soy, Milk, Tomato
	Louisiana Jambalaya		Beef, Tomato, Turkey
	Chicken Caesar Salad W/ Roll		Milk, Chicken, Wheat, Egg, Soy, Fish
	Italian Deli Hoagie		Wheat, Soy, Milk, Pork, Beef, Turkey
	Bagel Kit		Wheat, Milk
Monday 15	Hamburger		Beef, Wheat, Soy
-	Chicken Burrito		Milk, Chicken, Wheat, Tomato
	Vegan Red Beans & Rice		Tomato
	Sunbutter & Jelly Sandwich		Wheat, Soy
	Spicy Chicken Wrap		Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit		Wheat, Milk
Tuesday 16	Pesto Chicken W/ Pasta		Wheat, Chicken, Milk
	Chicken Corn Dog		Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Minestrone Soup W/ Roll		Tomato, Wheat, Soy, Milk, Egg
	Italian Deli Hoagie		Wheat, Soy, Milk, Pork, Beef, Turkey
			Wheat, Chicken, Milk, Pork, Egg, Fish, Shellfish,
	Cobb Salad Wrap		Tomato, Beef
	Bagel Kit		Wheat, Milk
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### Lunch Menu (cont'd)



Date	Menu Item	Allergens
Wednesday 17	Chicken Parmesan Hoagie	Wheat, Soy, Milk, Tomato, Chicken
Wednesday 17	Teriyaki Chicken W/ Rice & Veggies	Wheat, Soy, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	Milk, Soy
	Yogurt Berry Parfait W/ Muffin	Wheat, Egg, Milk, Soy
	Breaded Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Bagel Kit	Wheat, Milk
Thursday 18	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
Thursday 10	Chicken Enchiladas	Soy, Milk, Chicken, Tomato
	Mac And Cheese	Wheat, Milk
	Breaded Chicken Salad	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Egg Salad Sandwich	Egg, Wheat, Soy
	Bagel Kit	Wheat, Milk
Friday 19	-	Wheat, Soy, Milk, Pork, Beef, Tomato
Fliday 19	Meat Lover's Pizza Cheese Pizza	Wheat, Soy, Milk, Pork, Beer, Tomato Wheat, Soy, Milk, Tomato
	Bbq Chicken Quesadilla	Wheat, Milk, Tomato, Chicken, Soy
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Turkey & Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Bagel Kit	Wheat, Milk
Monday 22	Cheeseburger	Beef, Milk, Wheat, Soy
	Beef & Broccoli Bowl	Wheat, Soy, Beef, Sesame
	Pasta X Plosion!	Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Clubhouse Wrap	Wheat, Milk, Pork, Egg, Fish, Shellfish, Turkey
	Bagel Kit	Wheat, Milk
Tuesday 23	Spaghetti W/ Beef Meatsauce	Wheat, Egg, Beef, Milk, Tomato, Soy
-	Beef Hot Dog	Wheat, Beef, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Teriyaki Chicken Sushi Bowl	Wheat, Soy, Chicken, Sesame
	Big Kahuna Tuna Wrap	Wheat, Soy, Egg, Milk, Fish
	Bagel Kit	Wheat, Milk
Wednesday 24	Sweet And Sour Chicken	Wheat, Soy, Egg, Milk, Chicken, Sesame
-	Mr. Mike's Bbq Chicken Sandwich	Chicken, Wheat, Soy, Milk, Tomato
	Cheese Quesadilla	Wheat, Milk
	Farmer's Market Chicken Salad W/ Roll	Wheat, Soy, Egg, Milk, Chicken
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
	Bagel Kit	Wheat, Milk
Thursday 25	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	Wheat, Soy, Egg, Milk, Beef, Tomato
	Bean & Cheese Burrito	Milk, Wheat, Soy
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
	Bagel Kit	Wheat, Milk

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BULLIS CHARTER SCHOOL
<b>APRIL 2024</b>

## Lunch Menu (cont'd)



Date	Menu Item		Allergens	
Friday 26	Meat Lover's Pizza		Wheat, Soy, Milk, Pork, Beef, Tomato	
	Cheese Pizza		Wheat, Soy, Milk, Tomato	
	Bbq Chicken And Rice		Chicken, Tomato	
	Bbq Chicken Wrap		Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish	
	Italian Market Salad V		Wheat, Soy, Milk, Pork, Beef, Turkey	
	Bagel Kit		Wheat, Milk	
Monday 29	Hamburger		Beef, Wheat, Soy	
	Pasta W/ Olive Oil & Parmesan		Wheat, Milk	
	Curry Fried Rice	Veg	Wheat, Soy, Egg, Sesame	
	Sunbutter & Jelly Sandwich		Wheat, Soy	
	Chicken Fajita Wrap		Wheat, Soy, Egg, Milk, Chicken, Tomato	
	Bagel Kit		Wheat, Milk	
Tuesday 30	Chicken Corn Dog		Wheat, Soy, Egg, Chicken, Turkey, Sesame	
	Chicken Parmesan W/ Olive Oil & Parmesan Pasta		Wheat, Soy, Milk, Tomato, Chicken	
	Veggie Chow Mein		Wheat, Soy, Egg, Sesame	
	Chicken Caesar Wrap		Wheat, Chicken, Milk, Egg, Fish	
	Athenian Chicken Salad W/ Pita		Milk, Chicken, Wheat, Tomato, Pork	
	Bagel Kit		Wheat, Milk	

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#### Breakfast Menu



Date	Menu Item	Allergens
Monday 1	Breakfast Scone	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 2	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 3	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 4	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 5	Cheesy Cornbread Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Monday 15	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 16	String Cheese And Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 17	Cheesy Cornbread Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 18	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 19	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Monday 22	Bagel W/ Cream Cheese (Brk)	Wheat, Soy, Milk
-	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 23	Breakfast Scone	Wheat, Soy, Egg, Milk
-	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Wednesday 24	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Thursday 25	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Friday 26	Sunbutter & Jelly Sandwich Brk	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Monday 29	Breakfast Scone	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
Tuesday 30	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

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BULI	LIS CHARTER SCHOOL APRIL 2024		gan / Gluten Free Menu	The LunchMaster
Date	Menu Item		Allergens	
Monday 1	Vegan Spanish Beans W/ Rice		Tomato, Soy	
Tuesday 2	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy	
Wednesday 3	Vegan Fried Rice	V	Soy, Sesame	
Thursday 4	Vegan Bean Burrito Bowl	V	Tomato, Soy	
Friday 5	Myo Vegan Tacos	V	Soy	
Monday 15	Vegan Bean Burrito Bowl	V	Tomato, Soy	
Tuesday 16	Myo Vegan Tacos	V	Soy	
Wednesday 17	Vegan Chickpea Tikka Masala	V	Tomato, Soy	
Thursday 18	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy	
Friday 19	Vegan Spanish Beans W/ Rice		Tomato, Soy	
Monday 22	Vegan 3 Bean Chili W/ T.Chips	V	Tomato, Soy	
Tuesday 23	Vegan Fried Rice	V	Soy, Sesame	
Wednesday 24	Vegan Bean Burrito Bowl	V	Tomato, Soy	
Thursday 25	Myo Vegan Tacos	V	Soy	
Friday 26	Vegan Chickpea Tikka Masala	V	Tomato, Soy	
Monday 29	Vegan Pinto Pozole W/T. Chips	V	Tomato, Soy	
Tuesday 30	Vegan Spanish Beans W/ Rice		Tomato, Soy	

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