

# BULLIS CHARTER SCHOOL DECEMBER 2023

## Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> - Beef And Broccoli Bowl - Pasta X Plosion! - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap	<b>28</b> - Beef Hot Dog - Black Bean & Veggie Burrito - Turkey & Cheese On Dutch Crunch - Bagel Kit	<b>29</b> - Chicken Enchiladas - South Of The Border Chili W/ Tortilla Chips - Chicken Salad On A Hoagie - Big Kahuna Tuna Wrap	<b>30</b> - Sesame Orange Chicken W/ Rice - Cheese Enchiladas - Chicken Bacon Ranch Wrap - Southwest Veggie Taco Salad W/ Tortilla Chips	<b>1</b> - Meat Lover's Pizza - Cheese Pizza - Bbq Chicken Wrap - Italian Market Salad
<b>4</b> - Hamburger - Pasta W/ Olive Oil & Cheese - Sunbutter & Jelly Sandwich - Chicken Fajita Wrap	<b>5</b> - Chicken Parmesan W/ Pasta - Bean And Cheese Burrito - Chicken Caesar Wrap - Bagel Kit	<b>6</b> - Beef Burrito - Veggie Chow Mein - Yogurt Berry Parfait & Muffin - Pesto Caprece Salad	<b>7</b> - Breaded Chicken Sandwich - Penne Pasta W/ Marinara & Mozzarella - Farmers Market Egg Salad W/ Roll - Turkey And Cheddar On A Hoagie	<b>8</b> - Meat Lover's Pizza - Cheese Pizza - Chicken Caesar Salad W/ Roll - Italian Deli Sub
<b>11</b> - Greek Chicken W/ Rice Pilaf - Broccoli Cheddar Potato Bowl W/ Roll - Turkey And Cheese Sandwich - Chicken Pesto Wrap	<b>12</b> - Beef Hot Dog - Black Bean & Veggie Burrito - Bagel Kit - Turkey & Cheese On Dutch Crunch	<b>13</b> - Wet Beef Burrito - Pasta Primavera - Chicken Bacon Ranch Salad W/ Roll - Smoked Chicken Wrap	<b>14</b> - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W / Marinara Sauce - Tuna Sandwich - Chicken Caesar Wrap	<b>15</b> - Meat Lover's Pizza - Cheese Pizza - Asian Chicken Wrap - Santa Fe Chicken Salad
<b>18</b> - Chicken Burrito - Vegan Red Beans & Rice - Sunbutter & Jelly Sandwich - Spicy Chicken Wrap	<b>19</b> - Chicken Corn Dog - Minestrone Soup W/ Roll - Bagel Kit - Italian Deli Sub	<b>20</b> - Teriyaki Chicken W/ Rice & Veggies - Cheesy Bean Dip W/ Tortilla Chips - Farmer's Market Chicken Salad W/ Roll - Breaded Chicken Wrap	<b>21</b> - Chicken Noodle Soup - Cheese Quesadilla - Breaded Chicken Salad - Egg Salad Sandwich	<b>22</b> No meal service
<b>25</b> No meal service	<b>26</b> No meal service	<b>27</b> No meal service	<b>28</b> No meal service	<b>29</b> No meal service

### Drinks

1% Milk, Nonfat Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH  
VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND  
DELICIOUS



VEGETARIAN



VEGAN

PLACE YOUR ORDER NOW!



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# BULLIS CHARTER SCHOOL DECEMBER 2023

## Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> - Breakfast Cereal	<b>28</b> - Breakfast Scones - Breakfast Cereal	<b>29</b> - Concha - Breakfast Cereal	<b>30</b> - Breakfast Muffin - Breakfast Cereal	<b>1</b> - Sunbutter & Jelly Sandwich - Breakfast Cereal
<b>4</b> - Hard Boiled Egg W/ Muffin - Breakfast Cereal	<b>5</b> - Breakfast Muffin - Breakfast Cereal	<b>6</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>7</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>8</b> - Cherry Frudel - Breakfast Cereal
<b>11</b> - Sunbutter & Jelly Sandwich - Breakfast Cereal	<b>12</b> - Breakfast Muffin - Breakfast Cereal	<b>13</b> - Bagel W/ Cream Cheese - Breakfast Cereal	<b>14</b> - Apple Cinnamon Frudel - Breakfast Cereal	<b>15</b> - Yogurt Berry Parfait & Muffin - Breakfast Cereal
<b>18</b> - Breakfast Scones - Breakfast Cereal	<b>19</b> - String Cheese And Mini Muffin - Breakfast Cereal	<b>20</b> - Cheesy Cornbread Muffin - Breakfast Cereal	<b>21</b> - Yogurt W/ Grahams - Breakfast Cereal	<b>22</b> No meal service
<b>25</b> No meal service	<b>26</b> No meal service	<b>27</b> No meal service	<b>28</b> No meal service	<b>29</b> No meal service

### Drinks

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ALL BREAKFAST ENTREES INCLUDE A FRUIT AND MILK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



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# BULLIS CHARTER SCHOOL

## DECEMBER 2023

Vegan / Gluten Free Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b> - Vegan Fried Rice	<b>28</b> - Vegan Bean Burrito Bowl	<b>29</b> - Vegan 3 Bean Chili W/ Tortilla Chips	<b>30</b> - Myo Vegan Tacos	<b>1</b> - Vegan Pinto Pozole W/ Tortilla Chips
<b>4</b> - Vegan Spanish Beans W/ Rice	<b>5</b> - Vegan Fried Rice	<b>6</b> - Vegan Bean Burrito Bowl	<b>7</b> - Vegan 3 Bean Chili W/ Tortilla Chips	<b>8</b> - Myo Vegan Tacos
<b>11</b> - Vegan Chickpea Tikka Masala	<b>12</b> - Vegan Pinto Pozole W/ Tortilla Chips	<b>13</b> - Vegan Spanish Beans W/ Rice	<b>14</b> - Vegan Fried Rice	<b>15</b> - Vegan Bean Burrito Bowl
<b>18</b> - Vegan 3 Bean Chili W/ Tortilla Chips	<b>19</b> - Myo Vegan Tacos	<b>20</b> - Vegan Chickpea Tikka Masala	<b>21</b> - Vegan Pinto Pozole W/ Tortilla Chips	<b>22</b> No meal service
<b>25</b> No meal service	<b>26</b> No meal service	<b>27</b> No meal service	<b>28</b> No meal service	<b>29</b> No meal service

### Drinks

1% Milk, Nonfat Milk

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ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



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# BULLIS CHARTER SCHOOL

## DECEMBER 2023

## Lunch Menu



Date	Menu Item	Allergens
<b>Monday 27</b>	Beef And Broccoli Bowl	Wheat, Soy, Beef, Sesame
	Pasta X Plosion!	Wheat, Milk, Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
<b>Tuesday 28</b>	Beef Hot Dog	Wheat, Beef, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
	Bagel Kit	Wheat, Milk
<b>Wednesday 29</b>	Chicken Enchiladas	Soy, Milk, Chicken, Tomato
	South Of The Border Chili W/ Tortilla Chips	Veg Milk, Tomato
	Chicken Salad On A Hoagie	Chicken, Egg, Milk, Wheat
	Big Kahuna Tuna Wrap	Wheat, Soy, Egg, Milk, Fish
<b>Thursday 30</b>	Sesame Orange Chicken W/ Rice	Wheat, Soy, Chicken, Sesame
	Cheese Enchiladas	Milk, Soy, Tomato
	Chicken Bacon Ranch Wrap	Wheat, Milk, Pork, Chicken, Egg, Tomato
	Southwest Veggie Taco Salad W/ Tortilla Chips	Milk, Soy, Tomato, Egg
<b>Friday 1</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Bbq Chicken Wrap	Milk, Chicken, Wheat, Soy, Egg, Fish, Shellfish
	Italian Market Salad	Wheat, Soy, Milk, Pork, Beef, Turkey
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<b>Monday 4</b>	Hamburger	Beef, Wheat, Soy
	Pasta W/ Olive Oil & Cheese	Wheat, Milk
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Chicken Fajita Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
<b>Tuesday 5</b>	Chicken Parmesan W/ Pasta	Wheat, Soy, Milk, Tomato, Chicken
	Bean And Cheese Burrito	Milk, Wheat, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
	Bagel Kit	Wheat, Milk
<b>Wednesday 6</b>	Beef Burrito	Milk, Wheat, Beef, Soy
	Veggie Chow Mein	Wheat, Soy, Egg, Sesame
	Yogurt Berry Parfait & Muffin	Wheat, Egg, Milk, Soy
	Pesto Caprece Salad	Wheat, Milk, Tomato
<b>Thursday 7</b>	Breaded Chicken Sandwich	Wheat, Soy, Milk, Chicken, Sesame
	Penne Pasta W/ Marinara & Mozzarella	Wheat, Milk, Tomato
	Farmers Market Egg Salad W/ Roll	Wheat, Egg, Soy, Milk
	Turkey And Cheddar On A Hoagie	Wheat, Milk, Turkey
<b>Friday 8</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Roll	Milk, Chicken, Wheat, Egg, Soy, Fish
	Italian Deli Sub	Wheat, Soy, Milk, Pork, Beef, Turkey
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<b>Monday 11</b>	Greek Chicken W/ Rice Pilaf	Chicken

601 Taylor Way, San Carlos, CA 94070

BULLIS CHARTER SCHOOL  
**DECEMBER 2023**

Lunch Menu



Date	Menu Item	Allergens
	Broccoli Cheddar Potato Bowl W/ Roll	Wheat, Milk, Soy, Egg
	Turkey And Cheese Sandwich	Wheat, Milk, Turkey, Soy
	Chicken Pesto Wrap	Chicken, Wheat, Milk, Soy
<b>Tuesday 12</b>	Beef Hot Dog	Wheat, Beef, Soy
	Black Bean & Veggie Burrito	Milk, Wheat, Tomato
	Bagel Kit	Wheat, Milk
	Turkey & Cheese On Dutch Crunch	Turkey, Wheat, Milk
<b>Wednesday 13</b>	Wet Beef Burrito	Wheat, Soy, Milk, Beef
	Pasta Primavera	Wheat, Milk, Soy
	Chicken Bacon Ranch Salad W/ Roll	Pork, Milk, Chicken, Wheat, Egg, Tomato, Soy
	Smoked Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Tomato
<b>Thursday 14</b>	Chicken Nuggets W/ Rice Pilaf	Chicken, Soy, Wheat, Milk, Egg
	Cheese Ravioli W / Marinara Sauce	Egg, Milk, Wheat, Tomato
	Tuna Sandwich	Wheat, Egg, Fish, Soy
	Chicken Caesar Wrap	Wheat, Chicken, Milk, Egg, Fish
<b>Friday 15</b>	Meat Lover's Pizza	Wheat, Soy, Milk, Pork, Chicken, Tomato
	Cheese Pizza	Wheat, Soy, Milk, Tomato
	Asian Chicken Wrap	Wheat, Soy, Milk, Chicken, Sesame
	Santa Fe Chicken Salad	Chicken, Milk, Tomato, Soy, Egg
<b>Monday 18</b>	Chicken Burrito	Milk, Chicken, Wheat, Tomato
	Vegan Red Beans & Rice	Tomato
	Sunbutter & Jelly Sandwich	Wheat, Soy
	Spicy Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
<b>Tuesday 19</b>	Chicken Corn Dog	Wheat, Soy, Egg, Chicken, Turkey, Sesame
	Minestrone Soup W/ Roll	Tomato, Wheat, Soy, Milk, Egg
	Bagel Kit	Wheat, Milk
	Italian Deli Sub	Wheat, Soy, Milk, Pork, Beef, Turkey
<b>Wednesday 20</b>	Teriyaki Chicken W/ Rice & Veggies	Wheat, Soy, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	Milk, Soy
	Farmer's Market Chicken Salad W/ Roll	Wheat, Soy, Egg, Milk, Chicken
	Breaded Chicken Wrap	Wheat, Soy, Egg, Milk, Chicken, Sesame
<b>Thursday 21</b>	Chicken Noodle Soup	Wheat, Chicken
	Cheese Quesadilla	Wheat, Milk
	Breaded Chicken Salad	Wheat, Soy, Egg, Milk, Chicken, Tomato
	Egg Salad Sandwich	Egg, Wheat, Soy

BULLIS CHARTER SCHOOL  
**DECEMBER 2023**

Breakfast  
 Menu



Date	Menu Item	Allergens
<b>Monday 27</b>	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 28</b>	Breakfast Scones	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 29</b>	Concha	Wheat, Milk, Egg, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 30</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 1</b>	Sunbutter & Jelly Sandwich	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Monday 4</b>	Hard Boiled Egg W/ Muffin	Milk, Soy, Wheat, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 5</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 6</b>	Bagel W/ Cream Cheese	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 7</b>	Yogurt W/ Grahams	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 8</b>	Cherry Frudel	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Monday 11</b>	Sunbutter & Jelly Sandwich	Wheat, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 12</b>	Breakfast Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 13</b>	Bagel W/ Cream Cheese	Wheat, Soy, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 14</b>	Apple Cinnamon Frudel	Veg Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Friday 15</b>	Yogurt Berry Parfait & Muffin	Wheat, Egg, Milk, Soy
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
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<b>Monday 18</b>	Breakfast Scones	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Tuesday 19</b>	String Cheese And Mini Muffin	Milk, Wheat, Soy, Egg
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Wednesday 20</b>	Cheesy Cornbread Muffin	Wheat, Soy, Egg, Milk
	Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef
<b>Thursday 21</b>	Yogurt W/ Grahams, Breakfast Cereal	Wheat, Soy, Milk, Pork, Beef

BULLIS CHARTER SCHOOL  
**DECEMBER 2023**

Vegan / Gluten  
 Free Menu



Date	Menu Item		Allergens
<b>Monday 27</b>	Vegan Fried Rice	V	Soy, Sesame
<b>Tuesday 28</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
<b>Wednesday 29</b>	Vegan 3 Bean Chili W/ Tortilla Chips	V	Tomato, Soy
<b>Thursday 30</b>	Myo Vegan Tacos	V	Soy
<b>Friday 1</b>	Vegan Pinto Pozole W/ Tortilla Chips	V	Tomato, Soy
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<b>Monday 4</b>	Vegan Spanish Beans W/ Rice		Tomato, Soy
<b>Tuesday 5</b>	Vegan Fried Rice	V	Soy, Sesame
<b>Wednesday 6</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
<b>Thursday 7</b>	Vegan 3 Bean Chili W/ Tortilla Chips	V	Tomato, Soy
<b>Friday 8</b>	Myo Vegan Tacos	V	Soy
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<b>Monday 11</b>	Vegan Chickpea Tikka Masala	V	Tomato, Soy
<b>Tuesday 12</b>	Vegan Pinto Pozole W/ Tortilla Chips	V	Tomato, Soy
<b>Wednesday 13</b>	Vegan Spanish Beans W/ Rice		Tomato, Soy
<b>Thursday 14</b>	Vegan Fried Rice	V	Soy, Sesame
<b>Friday 15</b>	Vegan Bean Burrito Bowl	V	Tomato, Soy
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<b>Monday 18</b>	Vegan 3 Bean Chili W/ Tortilla Chips	V	Tomato, Soy
<b>Tuesday 19</b>	Myo Vegan Tacos	V	Soy
<b>Wednesday 20</b>	Vegan Chickpea Tikka Masala	V	Tomato, Soy
<b>Thursday 21</b>	Vegan Pinto Pozole W/ Tortilla Chips	V	Tomato, Soy